



# GAFÉIAS



**GAFÉIAS ANTINOUS ACADEMY- GAFÉIAS Sustainability University**  
Knowledge management and Distance learning

In cooperation with Danube University Krems, TheSuccessPrinciples.EU and DieErfolgsprinzipien.de

## Success Principles Seminar II **Transform Yourself for Success**

The greatest revolution of our generation is the discovery that human beings, by changing the inner attitude of their minds, can change the outer aspects of their lives.

*William James, Harvard psychologist*

With reference to the book

**The Success Principles – How to get from where you are to where you want to be**  
[2005] Jack Canfield and Janet Switzer

### Curriculum:

Principle 25 – Drop out of the *ain't it awful* club ... and

surround yourself with successful people

Principle 26 – Acknowledge your positive past

*Victory log*

*The Mirror Exercise*

Principle 27 – The Evening Review

*The daily success focus journal*

Principle 28 – Clean up your messes and your incompletes

*Completion checklist*

Principle 29 – Complete the past to embrace the future

*The Forgiveness Affirmation*

Principle 30 – Face what isn't working

Principle 31 – Embrace change

Principle 32 – Transform your inner critic  
into an inner coach

*The four-step process exercise*

Principle 33 – Transcend your limiting beliefs

Principle 34 – Develop four new success habits a year

Principle 35 – The *no exception rule* –

100% commitments

Principle 36 – Learn more to earn more

Principle 37 – Stay motivated with the masters

Principle 38 – Fuel your success with

passion and enthusiasm